When Food Matters, You Matter.

Innovative ideas, thoughtful conversations, searing business strategies, winding tales, how are you's and what are you up to's -- are told around a table. Food For Thought believes in creating tables filled with the most flavorful dishes, creative displays and amusing conversations in Chicago. Because when food matters, you matter.

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Our Team is Your Team

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EVENT PRODUCER

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EVENT PRODUCER
Inspired Foods for Chicago

We aim to give Chicagoland a peek inside the mind of one of this city's most distinguished chefs while serving food that is worthy of gathering. We seek to bring you and your community around a table and have those tables filled with perfectly personalized dishes. We believe, in any service we provide, that a dish isn't finished until it's serving you and yours.
ROOT-TO-STALK SUSTAINABLE.
ROOT-TO-MOUTH TASTY.

#1 FIRST CHICAGO CATERER
TO ELIMINATE SINGLE-USE
PLASTIC STRAWS

52 TONS OF FOOD
IS COMPOSTED BY FOOD FOR
THOUGHT EACH YEAR

400 POUNDS OF OIL
FROM OUR KITCHEN HAS BEEN
CONVERTED INTO BIODIESEL

FOOD FOR THOUGHT
IS A PROUD MEMBER OF

The Green Chicago Restaurant Coalition,
Illinois Food Scrap Coalition & Green Wedding Alliance.

Woman-Owned Business

Food For Thought is a women led and founded company – Nancy Garcia-Sharp founded the company in 1983 and has been at the helm since, encouraging and promoting women in leadership and all team members.
Custom Buffet Props

GO AHEAD, PLAY WITH YOUR FOOD.

We believe buffets shouldn't be boring. That’s why we work with clients to design custom-built food presentation pieces that take your event theme to the next level. We'll work with you to identify branding opportunities that work seamlessly with your menu, ensuring your vision and brand don't go unnoticed.
Passed Hors D'Oeuvres

SAMPLE MENU ITEMS
Sample Menu Items

PASSED HOROS D'OEUVRES

Charred Eggplant
CAPONATA RELISH, GOAT RICOTTA, BASIL, FLATBREAD CRISP

Soba Noodle Spoon
SHIITAKE, EDAMAME, SCALLION, CILANTRO, BLACK SESAME CITRUS DRESSING

Deviled Potatoes
DILL & ROASTED GARLIC CREAM, CREOLE SPICED CRISPY LEEKS

Grilled Broccolini
SULTANA RAISIN VINAIGRETTE, ROMESCO, CHEESE CURD

King Crab Salad
KEY LIME MAYO, SHISO, PHYLLO CUP

Blackened Ahi Tuna “Tartare”
MANGO RELISH, LIME CREMA, CUCUMBER CUP

“Everything Bagel” Bao
PASTRAMI CURED SALMON, PICKLED ONION, CRÈME FRAICHE, ALFALFA

Mini Muffaletta
OLIVE SALAD, MINI SESAME ROLL

“Loaded” Baked Potato Deviled Egg
SMOKY BACON, AGED CHEDDAR, CHIVE, POTATO CRISP

Grass-Fed Beef Tartare
HORSERADISH CREMA, SMOKED BILLY BLUE CHEESE, QUAIL EGG, BOUCHE

Fried Ravioli
ROASTED SHIITAKE MUSHROOM CHIMICHURRI, TRUFFLE

Red Beans and Rice Slider
BREAD & BUTTER PICKLE, CREOLE MAYO, MINI PRETZEL ROLL

Jambalaya Arancini
SLOW SMOKED TOMATO CHUTNEY

Fried Olives
CHORIZO, LIME CREMA

Grilled Mahi Mahi Sope
PICKLED CORN & CHAYOTE SALSA, QUESO FRESCO

Chicken“Pot Pie” Pakora
SHREDDED VEGETABLES, SPICY CARROT YOGURT

Toasted Pecan Chicken and Waffle Cone
COLLARDS GREENS, MAPLE BOURBON GLAZE

Braised Lamb Rib
ROASTED GARLIC HUMMUS, B’HARAT, GRILLED FLATBREAD

Beef Short Rib Griddled Cheese
AGED WHITE CHEDDAR, CARAMELIZED ONION, BLEU CHEESE BÉCHAMEL

Smoked Brisket Slider
TANGY COLESLAW, SWISS CHEESE, BREAD & BUTTER PICKLE, SRIRACHA MAYO
Spring & Summer Seated Dinner

SAMPLE MENU ITEMS
Sample Menu Items

SPRING & SUMMER SEATED DINNER | SAMPLE MENU I

first course

Red & Gold Watermelon & Sheep’s Milk Feta
VALBRESO FETA, WATERMELON RADISH, CIABATTA TOAST, PETITE GREENS, BALSAMIC VINAIGRETTE

Black Truffle & Sea Salt Pull Apart Bread

entree

Pan Roasted Local Barramundi
NEW POTATO CONFIT, WILD MUSHROOM RAGOUT, SPRING VEGETABLE CASSOULET, CHERVIL EMULSION

dessert

Carrot Cake
CREAM CHEESE MOUSSE, CITRUS MÉLANGE, OLIVE GANACHE

Freshly Brewed Regular & Decaffeinated Coffee and Tea
COLECTIVO ORGANIC FAIR TRADE COFFEE AND NSPIRE ORGANIC FAIR TRADE TEAS
Sample Menu Items

SPRING & SUMMER SEATED DINNER | SAMPLE MENU II

first course

Young Mesclun Lettuce Salad
FREE-FORMED "QUICHE" OF LAURA CHENEL'S CHEVRE
GINGERED RHUBARB, PEPPERED MARCONA ALMONDS, CITRUS VINAIGRETTE

Sourdough Boule with Sweet Cream Butter

entree

Red Wine Braised Beef Shank
NEW POTATOES, CONFIT ARTICHOKE PUREE, BABY CARROTS,
ROAST CELERY, SPRING ONION DEMI-GLACE

dessert

Strawberry Rhubarb Verrine
RHUBARB COMPOTE, MARA DES BOIS STRAWBERRY PANNA COTTA,
MASCARPONE CREAM, SHISO-ST.GERMAIN GRANITA

Freshly Brewed Regular & Decaffeinated Coffee and Tea
COLECTIVO ORGANIC FAIR TRADE COFFEE AND NSPIRE ORGANIC FAIR TRADE TEAS
Fall & Winter Seated Dinner

SAMPLE MENU ITEMS
Sample Menu Items

FALL & WINTER SEATED DINNER | SAMPLE MENU I

first course

Rosemary & Pepper Roasted Bosc Pear Salad
MESCLUN MIXED GREENS, BRIE CHEESE, CANDIED WALNUTS, CHAMPAGNE VINAIGRETTE

Cranberry & Thyme Pan Bread

entree

Grilled Frenched Breast of Chicken
ROMESCO ROASTED POTATOES, ROOT VEGETABLE FRICASSE
NATURAL CHICKEN & SAFFRON JUS

dessert

Roasted Pumpkin Cheesecake
CRANBERRY ORANGE COMPOTE, SPICED DULCE DE LECHE, PUMPKIN SEED CRISP,
VANILLA BEAN WHIPPED CREAM

Freshly Brewed Regular & Decaffeinated Coffee and Tea
COLECTIVO ORGANIC FAIR TRADE COFFEE AND NSPIRE ORGANIC FAIR TRADE TEAS
Sample Menu Items

FALL & WINTER SEATED DINNER | SAMPLE MENU II

first course

Roasted Pumpkin Soup
SMOKY BACON, CHANTILLY, TOASTED PEPITAS

Sweet Walnut and Salted Caramel Pull Apart Bread

entree

Roasted Beef Tenderloin
FONDANT POTATOES, VEGETABLES PAYSANNE, ROASTED PARSNIPS
PETITE HERB SALAD, RED WINE DEMI-GLACE

dessert

Milk Chocolate Guava Floating Island
CINNAMON GUAJILLO CUSTARD, TAMARIND CARAMEL
GUAVA GELEE, PETITE VIOLA

Freshly Brewed Regular & Decaffeinated Coffee and Tea
COLECTIVO ORGANIC FAIR TRADE COFFEE AND NSPIRE ORGANIC FAIR TRADE TEAS
Stations

SAMPLE MENU ITEMS
Sample Menu Items

DINNER STATIONS

a walk through chinatown

Mandarin "Greens"
NAPA & RED CABBAGE, ROMAINE, BELL PEPPER, WATER CHESTNUTS,
MANDARIN ORANGE, "POTSTICKER" VINAIGRETTE

Soba Noodles
SHIITAKE, FRESH CORIANDER, CARROT, EDAMAME,
BLACK SESAME & CITRUS DRESSING

Assorted Dim Sum
WENTWORTH STREET EGGROLLS, VEGETABLE POT STICKER,
SHRIMP SHU MAI, BARBECUED PORK STEAM BUN,
SERVED WITH SOY, SWEET CHILI GARLIC, PONZU DIPPING SAUCES

Szechwan Beef Stir-Fry
SZECHWAN PEPPER MARINATED BEEF, BELL PEPPER, BEAN SPROUTS, BABY CORN,
FRESH GINGER & GARLIC, SERVED WITH STEAMED JASMINE RICE

Fortune Cookies
Sample Menu Items

DINNER STATIONS

the garden

BYO Salad Bar
CHOPPED ROMAINE, BABY ARUGULA & SPINACH, SEASONALLY INSPIRED INGREDIENTS CHICKPEAS,
SUNFLOWER SEEDS, CRUMBLED AGED CHEDDAR, ASSORTED VINAIGRETTES

Hummus Street Stand
CHOOSE THREE: ROASTED CARROT, AVOCADO LIME,
CARAMELIZED CAULIFLOWER, HEIRLOOM BEET, PISTACHIO PARSNIP
SERVED WITH FRESH PITA, LOCAL WINDCREST DAIRY “GREEK” YOGURT, VEGGIE STICKS

Vegan Enchiladas
SWEET POTATO, ROASTED RED PEPPER, BLACK BEANS, BABY SPINACH,
SECRET ENCHILADA SAUCE, CILANTRO-LIME-GARLIC-CASHEW CREMA, SCALLIONS

Toasted Orzo Pasta and Fresh Mozarella
OIL-CURED OLIVES, LOCAL MIGHTY VINE TOMATOES, CARAMELIZED MARKET ONIONS,
FRESHLY SNIPPED OREGANO & BASIL
Sample Menu Items

DINNER STATIONS

bbq carving

Sweet Ancho Chile Rubbed Flank Steak
LIME, PICKLED FRENSNO CHILES, CILANTRO PINEAPPLE BARBEQUE SAUCE
SERVED WITH BUTTER ROLLS

Texas-Style Barbecued Roasted Turkey Breast
JALAPEÑO CORNBREAD & TANGY BARBECUE SAUCE

Dill and Mustard Seed Roasted New Potato Salad
BABY ARUGULA GREENS

Cavatappi Pasta Salad
TANGY VINEGAR DRESSING, CHERRY TOMATOES, JULIENNE VEGETABLES, HERBS

Char-Grilled Vegetables
TOMATO CHIMICHURRI, CARAMELIZED AIOLI, PETITE GREENS
Sample Menu Items

COCKTAIL STATION

south american love affair

Peruvian Style Ceviche
GULF SHRIMP, BAY SCALLOPS, SWEET CORN, SWEET POTATO,
LECHE DE TIGRE, RED ONION, CILANTRO,
PUFFED MOUNTAIN CORN

Baked Empanadas
FIRE ROASTED VEGETABLES, BRAISED BEEF & CHEESE
SALSA ROJA, CHIMICHURRI

Churrasco Skewers
SHRIMP WITH CHORIZO & PIPERADE
SPICY BEEF TENDER WITH CHARRED GREEN ONION
CHILI RUBBED CHICKEN WITH BLISTERED TOMATO
GRILLED SEASONAL SQUASH WITH RED ONION & BELL PEPPER

Arroz con Pollo
CHILI & TOMATO BRAISED CHICKEN THIGHS,
SPICY AJI AMARILLO RICE, PETITE HERB SALAD, FRESH LIME
Sample Menu Items

INTERACTIVE DESSERT STATIONS

dip on demand

Guests to Choose Two Ice Cream Flavors:
STRAWBERRY, NY CHEESECAKE, LAVENDER OR LEMON YOGURT

Coatings to Include:
BLUEBERRY, MILK CHOCOLATE AND PASSION FRUIT

Toppings:
WHITE CHOCOLATE SAUCE, RASPBERRY SAUCE, COCOA NIBS, CARAMELIZED PUFFED RICE,
TOASTED COCONUT, DEHYDRATED STRAWBERRY PIECES,
DRY ROASTED PEANUTS, ASSORTED CHOCOLATE PEARLS, YOGURT POPS.

s'mores bar

DISPLAY OF S'MORE TARTS AND S'MORE MINIATURE CUPCAKES, CHOCOLATE BARS
GRAHAM CRACKER SQUARES & ONE (1) CHOICE OF MARSHMALLOW FROM THE FOLLOWING
SEASONAL FLAVORS.

Marshmallow Flavors:
GRASSHOPPER, BERRY LEMONADE, CINNAMON ROLL, PUMPKIN, HOT CHOCOLATE,
POMEGRANATE, CANDY CANE OR VANILLA

Toppings:
COFFEE, CARAMEL & CHOCOLATE SAUCES, TOASTED SALTED ALMONDS STRAWBERRIES, CHOCOLATE PEARLS
Sample Menu Items

TO BE PASSED OR PRESENTED BUFFET STYLE

petite sweets

Nutella Roulade
Chocolate Peanut Butter Cups
Pink Rose Milkshake
White Chocolate Pudding Pop
Pineapple Upside Down Cake
Almond and Citrus Cake
Cashew Caramel Turtle
Mini Almond Blueberry Cupcake
Smores Tart
Strawberry Rhubarb Pie
Peach Cranberry Cobbler
Late Night Snacks

SAMPLE MENU ITEMS
Sample Menu Items

LATE NIGHT SNACKS

"Loaded" Tater Tots
SMOKY VEGAN BACON, GREEN ONIONS, AGED CHEDDAR, SOUR CREAM

Shrimp Mofongo
PICKLED CORN & CHAYOTE SALSA, QUESO FRESCO

Fried Chicken Slider
"DUELING" AVOCADO & SRIRACHA MAYOS, PICKLED FRESNO CHILIES,
BREAD & BUTTER PICKLES, BIBB LETTUCE, BUTTER BUN

Cubano Wrap
ROAST PORK, HAM, SWISS, DILL PICKLE, YELLOW MUSTARD

Argentine Choripan
CHIMICHURRI, CRUSTY BAGUETTE ROLL

Beef Short Rib Pretzel Flat
AGED WHITE CHEDDAR, CARAMELIZED ONION, BLEU CHEESE BÉCHAMEL

Mini Milkshakes
VANILLA BEAN, MILK CHOCOLATE CIGARETTE STRAW
DARK CHOCOLATE, WHITE CHOCOLATE CIGARETTE STRAW
Sample Menu Items

BAR PACKAGES

Standard Bar

SMIRNOFF VODKA
BOMBAY GIN
JIM BEAM BOURBON
usher's SCOTCH
SEAGRAM's SEVEN WHISKEY
BACARDI RUM
MILAGRO TEQUILA
RED AND WHITE WINE SELECTIONS
BUDWEISER AND BUD LIGHT
SOFT DRINKS, ASSORTED JUICES, MINERAL WATER AND MIXERS

Premium Bar

TITO'S VODKA
BOMBAY SAPPHIRE GIN
BUFFALO TRACE
DEWAR'S WHITE LABEL SCOTCH
CROWN ROYAL WHISKEY
BRUGAL RUM SAUZA
TRES GENERACIONES
SPECIALTY COCKTAILS
RED AND WHITE WINE SELECTIONS
BUDWEISER AND BUD LIGHT
TIER 1 BEER SELECTION
STELLA ARTOIS
SOFT DRINKS
ASSORTED JUICES
MINERAL WATER AND MIXERS

Luxury Bar

GREY GOOSE VODKA
HENDRICKS GIN
BASIL HAYDEN BOURBON
BLACK BUSH IRISH WHISKEY
RON ATLANTICO PLATINO RUM GLENFIDDICH
12 YEAR SINGLE MALT SCOTCH
MILAGRO SINGLE BARREL TEQUILA
SEASONAL SPECIALTY COCKTAILS
RED AND WHITE WINE SELECTIONS
BUDWEISER AND BUD LIGHT
2 BEER LIST SELECTIONS
STELLA ARTOIS
SOFT DRINKS
ASSORTED JUICES
MINERAL WATER AND MIXERS
Estimated Price Ranges

$210 - $300 PER PERSON

INCLUDES:
- PASSED HORS D’OEUVRES
- TWO COURSE DINNER
- COFFEE SERVICE
- FULL STANDARD BAR
- STAFFING
- EQUIPMENT
- LINEN
- TRUCKING

*ESTIMATES BASED ON 150+ GUESTS
**RANGE PRICING VARIES BASED ON MENU SELECTIONS, GUEST COUNT & EVENT DURATION

ESTIMATE CONTRACT

The below pricing is estimated and is intended to give ranges of our service. Food For Thought works with each client to customize their ideal event. Price estimate varies depending on venue selection, menu selection, event timing and upgrades. The range below is based on a five hour event and an estimated guest count of at least 150. We are happy to put together a customized proposal with specialized choices.